



6th
RUCTRIMS
TYUMEN



PROGRAMME

SIXTH CONGRESS OF THE RUSSIAN COMMITTEE FOR TREATMENT AND
RESEARCH IN MULTIPLE SCLEROSIS WITH INTERNATIONAL PARTICIPATION

**"MULTIPLE SCLEROSIS AND OTHER AUTOIMMUNE
DISEASES OF THE NERVOUS SYSTEM"**

TYUMEN **2-4** / 10
2025

46, ORDZHONIKIDZE ST.,
DOUBLETREE BY HILTON 4*

Respected Colleagues and Friends,

The All-Russian Society of Neurologists and the Russian Multiple Sclerosis Society are holding the **6th Congress of the Russian Committee for Treatment and Research in Multiple Sclerosis with International Participation "Multiple Sclerosis and Other Autoimmune Diseases of the Nervous System"** in Tyumen on 2–4 October 2025 (the Russian Multiple Sclerosis Society Congress). This biennial Congress has proven itself to be an exceptionally important event that determines the further development of science and neurological practice in the study of multiple sclerosis and other demyelinating diseases, as well as processes associated with neuroinflammation, neurodegeneration, and autoimmune lesions.



Significant progress has been made in recent years in our understanding of the aetiology and pathogenetic mechanisms of the development of multiple sclerosis (MS) and other demyelinating diseases. Advances in experimental neurology, neurophysiology, clinical neuroimmunology and genetics, the standardization of diagnostic approaches, the near ubiquitous introduction into everyday practice of highly informative instrumental procedures for examining patients, including magnetic resonance imaging (MRI) and positron emission tomography (PET), and the accumulation and systematization of vast clinical experience have opened up a new era in the treatment of this chronic disease in young people, significantly improving the prognosis and increasing the quality of life of patients with MS. The number of disease-modifying drugs for multiple sclerosis (DMDMS) has increased, new drugs – including original medicines developed in Russia – have been introduced, and new approaches to restoring functions through neurorehabilitation, neuroplasticity stimulation, and re-localization of functions have emerged.

The Congress programme includes MS schools, master classes, clinical cases, and other events that have traditionally enriched scientific and practical discussions. A large poster session will be held highlighting the work of up-and-coming neurologists and researchers who have earned the right to take part in the competition supported by the All-Russian Society of Neurologists and the Russian Multiple Sclerosis Society. The event is without a doubt one of the most important scientific and practical events of 2025. On behalf of the Presidium of the Board of the All-Russian Society of Neurologists and the Academy of Sciences, I would like to invite you to take part in the 6th Congress of the Russian Committee for Treatment and Research in Multiple Sclerosis with International Participation "Multiple Sclerosis and Other Autoimmune Diseases of the Nervous System".

Full Member of the Russian Academy of Sciences,
Chairman of the Board,
All-Russian Society of Neurologists

A handwritten signature in black ink, appearing to read 'Gusev'.

Yevgeny Gusev

Respected Colleagues,

On 2–4 October 2025, the city of Tyumen will host the **6th Congress of the Russian Committee for Treatment and Research in Multiple Sclerosis with International Participation “Multiple Sclerosis and Other Autoimmune Diseases of the Nervous System”**.

The Congress will feature presentations by leading Russian and international specialists (experts) on demyelinating diseases, plenary sessions, scientific and practical sessions and symposiums, training courses, master classes, and clinical cases. There will also be oral and poster presentations, as well as a competition for the best report prepared by young neurologists.

**Main topics:**

- Epidemiology of demyelinating diseases, ethnic and regional characteristics, trends and prospects for the 21st century.
- Environmental and hereditary (genetic and epigenetic) risk factors for the development of demyelinating diseases, their interaction and treatment pathways.
- Pathogenetic variants of neuroinflammation and demyelination, early detection of and prognosis for various demyelinating diseases, molecular and cellular mechanisms of development of inflammatory, immunopathological and neurodegenerative changes.
- Modern features of diagnostics of multiple sclerosis, neuromyelitis optica spectrum disorders and other demyelinating diseases, the introduction of new methodologies and biomarkers, neuroimaging methods.
- Complex cases of rare and combined pathology of inflammatory, demyelinating, and autoimmune diseases of the nervous system and neuroinfections, comorbid conditions, age and gender characteristics, family planning.
- Treatment of multiple sclerosis, neuromyelitis optica spectrum disorders and other demyelinating diseases: efficacy and safety, organizational requirements and pharmacovigilance, age considerations.

The patient and his/her family's perspective on life with multiple sclerosis, the impact of the disease and its treatment on the patients' perception of their illness, the best way to organize specialized medical and social care, the optimization of rehabilitation treatment.

Practicing physicians, employees of neurological clinics and centres, researchers, postgraduate students, and residents from all regions of Russia are invited to take part in the Congress.

Chief External Neurological Expert, Ministry of Health
of the Russian Federation

A stylized, handwritten signature in black ink, consisting of several loops and a long horizontal stroke.

Nikolai Shamalov

Respected Colleagues and Friends,

I would like to take this opportunity to invite you to take part in the proceedings of the **Sixth Congress of the Russian Committee for Treatment and Research in Multiple Sclerosis with International Participation “Multiple Sclerosis and Other Autoimmune Diseases of the Nervous System”**.

The Congress will include scientific sessions, satellite symposiums, training courses and master classes, clinical cases, and a large poster session.

Leading Russian and international experts will talk about the latest advances in clinical neurology, neuroimmunology, neuroradiology, neurorehabilitation, and other aspects of multiple sclerosis (MS), neuromyelitis optica spectrum disorders (NMOSD), and other demyelinating diseases, neuroinflammation, and neurodegeneration.

The Congress programme will cover the findings of fundamental research (immunopathogenesis of MS and autism spectrum disorders, biochemistry and morphology of neuroinflammation, demyelination and neurodegeneration); possible biomarkers of the activity of the pathological process; features of diagnostics, differential diagnostics and the course of the demyelinating process; non-typical and rare forms (including in children, adolescents, and old age); new possibilities of neuroimaging; functional and laboratory research in diagnostics and monitoring treatment effectiveness; new areas of pathogenetic and symptomatic treatment; issues in selecting the optimal drug and indications/contraindications for changing treatment methods; organizing care for patients with MS and autism spectrum disorders; clinical guidelines and other regulatory documents; import substitution.

The Congress has become a traditional event for neurologists across Russia and is of paramount importance for those with years of experience in the field and those just starting out, as well as for doctors, researchers, postgraduate students, resident physicians, and other medical professionals.

President, Russian Multiple Sclerosis Society,
Member of the Presidium of the Board,
All-Russian Society of Neurologists



Nikolai Spirin



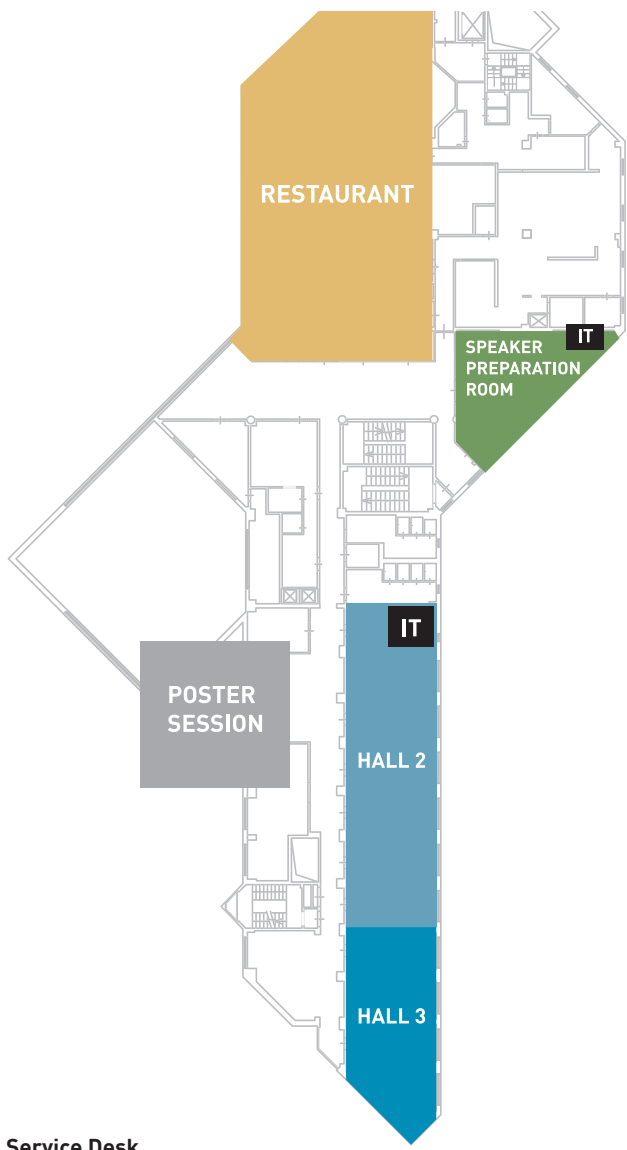
FLOOR LAYOUT

1ST FLOOR



FLOOR LAYOUT

2ND FLOOR



IT - IT Service Desk

ORGANIZERS

- RUSSIAN ACADEMY OF SCIENCES
- MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION
- FEDERAL CENTER OF BRAIN RESEARCH AND NEUROTECHNOLOGIES OF THE FEDERAL MEDICAL BIOLOGICAL AGENCY OF RUSSIA
- RUSSIAN COMMITTEE FOR TREATMENT AND RESEARCH IN MULTIPLE SCLEROSIS
- DEPARTMENT OF HEALTH OF TYUMEN REGION
- NEFTYANIK MEDICAL UNIT

SCIENTIFIC AND ORGANIZATIONAL COMMITTEES

Natalya Loginova, Director, Health Department of Tyumen Region, Tyumen

Dmitry Bazhukhin, Cand. Med. Sci., General Director of Neftyanik Medical Unit, Tyumen

Aleksei Boyko, Dr. Med. Sci., Professor, Honoured Scientist, Professor, Chair of Neurology, Neurosurgery and Medical Genetics of Pirogov Russian National Research Medical University; Director, Institute of Clinical Neurology and Head of the Neuroimmunology Unit at the Federal Center of Brain Research and Neurotechnologies of the Federal Medical and Biological Agency; Head, Moscow Centre for Multiple Sclerosis; Member of the Presidium of the All-Russian Society of Neurologists; Vice President, RUCTRIMS, Moscow

Nikolai Spirin, Dr. Med. Sci., Professor, Honoured Physician, Head, Chair of Neurological Diseases with Medical Genetics and Neurosurgery of the Yaroslavl State Medical University of the Ministry of Health of the Russian Federation; Member of the Presidium of the All-Russian Society of Neurologists; Head, Research and Educational Centre for Demyelinating Diseases of the Yaroslavl State Medical University of the Ministry of Health of the Russian Federation, President, RUCTRIMS, Yaroslavl

Stella Sivertseva, Dr. Med. Sci., Head, Region Centre for Multiple Sclerosis (Neftyanik Medical Unit); Professor, Chair of Neurology and Neurosurgery of Ural State Medical University of the Ministry of Health of the Russian Federation; Secretary, RUCTRIMS, Tyumen

Valentina Alifirova, Dr. Med. Sci., Professor, Head, Chair of Neurology and Neurosurgery of Siberian State Medical University of the Ministry of Health of the Russian Federation; Chief Consulting Neurologist, Health Department of Tomsk Region; Honoured Physician of the Russian Federation; Head, Regional Centre for Multiple Sclerosis and Other Autoimmune Diseases of the Nervous System, Tomsk

Vasily Bryukhov, Cand. Med. Sci., Neuroradiologist, Senior Researcher, Radiation Therapy Unit at the Research Center of Neurology, Moscow

Olga Bykova, Dr. Med. Sci., Head, Research Department of the Research and Practice Centre for Paediatric Psychoneurology of the Health Department of Moscow, Moscow

Yan Vlasov, Dr. Med. Sci., Professor, President, Russian Multiple Sclerosis Society (RUMSS); Vice-President, RUCTRIMS; Member, Presidential Council for Human Rights, Samara

Larisa Volkova, Dr. Med. Sci., Professor, Honoured Health Worker of the Russian Federation; Professor, Chair of Neurology and Neurosurgery of Ural State Medical University of the Ministry of Health of the Russian Federation, Ekaterinburg

Zoya Goncharova, Dr. Med. Sci., Professor, Head, Chair of Neurological Diseases and Neurosurgery, Rostov State Medical University of the Ministry of Health of the Russian Federation, Rostov-on-Don

Maria Guseva, Cand. Med. Sci., Professor, Chair of Neurology and Neurosurgery, Department of General Medicine, Pirogov Russian National Research Medical University; Head, Masha Guseva School of Colour; Art Therapist, Member of the Creative Union of Artists of Russia, Moscow

Maria Zakharova, Dr. Med. Sci., Professor, Head, 6th Neurology Unit, Research Center of Neurology; Principal Investigator, Neurologist of the Highest Category, Moscow

Irina Lozovskaya, General Director, RUCTRIMS, Moscow

Mikhail Martynov, Dr. Med. Sci., Professor, Corresponding Member, Russian Academy of Sciences; Deputy Director, Institute for Neuroscience and Neurotechnology; Head, Chair of Neurology, Neurosurgery and Medical Genetics at the Institute for Neuroscience and Neurotechnology; Head, Directorate of the National Medical Research Center for Neurology, Pirogov Russian National Research Medical University, Moscow

Andrei Petrov, Cand. Med. Sci., Leading Expert, Bekhtereva Institute of the Human Brain of the Russian Academy of Sciences; Inspector, RUCTRIMS, St. Petersburg

Inna Smagina, Dr. Med. Sci., Professor, Head, Chair of Neurology and Neurosurgery with a course of CPE, Altai State Medical University of the Ministry of Health of the Russian Federation; Head, Centre for Autoimmune and Neurodegenerative Diseases, Siberian Medical Center, Barnaul

Natalya Totolyan, Dr. Med. Sci., Professor, Chair of Neurology, Pavlov First State Medical University of St. Petersburg, St. Petersburg

Nikolai Shamalov, Dr. Med. Sci., Professor, Chief Consulting Neurologist, Health Department of Moscow; Director, Institute of Cerebrovascular Pathology and Stroke, Federal Centre of Brain Research and Neurotechnologies of the Federal Medical and Biological Agency of Russia, Moscow

Tatyana Shmidt, Cand. Med. Sci., Docent, Chair of Neurological Diseases and Neurosurgery, Sechenov First Moscow State Medical University of the Ministry of Health of Russia, Moscow

PROGRAMME OUTLINE

1 OCTOBER WEDNESDAY		
19:00-21:00	Registration of participants (1st Floor Hall)	
2 OCTOBER THURSDAY		
08:00-18:00	Registration of participants (1st Floor Hall)	
09:00-18:00	Poster session (2nd Floor Hall)	
	HALL NO. 1	HALL NO. 3
09:00-10:00	HALL NO. 1 Welcoming Congress participants	
10:00-11:00	RESTAURANT 2ND FLOOR Welcoming Congress participants	HALL NO. 3 Biocad’s round table (by invitation only) NMOSD and MS: Is there a Universal Treatment Option?
11:00-11:10	Break	
11:10-12:10	HALL NO. 1 Satellite symposium supported by Biocad (not accredited in the Continuing Medical Education (CME) system) Joining Forces in the Fight with Multiple Sclerosis and NMOSD	
12:10-13:00	Break	
13:00-14:30	HALL NO. 1 MS school	
14:30-14:40	Break	

14:40–15:40	HALL NO. 1 Satellite symposium of Novartis (<i>not accredited in the CME system</i>) High-Efficacy Therapies for MS: Components of Success	
15:40–15:50	Break	
15:50–17:30	HALL NO. 1 School for other diseases of the CNS	
17:30–17:40	Break	
17:40–18:40	HALL NO. 1 Satellite symposium supported by LLC Roche Diagnostics Rus (<i>not accredited in the CME system</i>) Modern Techniques for Diagnosing Multiple Sclerosis: Challenges and Prospects	
18:40–18:50	Break	
18:50–19:50	HALL NO. 1 Satellite symposium supported by Merck (<i>not accredited in the CME system</i>) One Lesion in the CNS: Is it a lot?	
20:20–21:20		RIVER PARK Merck’s round table (by invitation only) Effective Control of MS: Start of IRT from Day One

3 OCTOBER
FRIDAY

08:00–18:00	Registration of participants (1st Floor Hall)	
	HALL NO. 1	HALL NO. 2
09:00–11:20	HALL NO. 1 Official Congress opening Welcome address by the Congress Presidium First plenary session	

11:20–13:00	HALL NO. 1 Second plenary session	
13:00–13:40	Break	
14:00–16:40	HALL NO. 1 Third plenary session Advances in MS and NMOSD Therapy	
16:40–16:50	Break	
16:50–18:50	HALL NO. 1 1st Section session Epidemiology and Care of Patients with MS and Other Autoimmune Diseases	HALL NO. 2 16:50–19:05 2nd Section session Other Autoimmune Diseases of the Nervous System
20:00–23:00	Friendly dinner (by invitation only)	

4 OCTOBER
SATURDAY

	HALL NO. 1	HALL NO. 2	HALL NO. 3
10:00–11:00	HALL NO. 1 Satellite symposium of AstraZeneca Pharmaceuticals (<i>not accredited in the CME system</i>) The Role of C5 Complement-Targeted Therapy in Modern Strategies for Treating Neuromyelitis Optica Spectrum Disorders and Generalized Myasthenia Gravis		
11:00–11:10	Break		
11:10–12:10	HALL NO. 1 3rd Section session		

12:10–12:50	Break	HALL NO. 3 12:10–12:50 Art therapy workshop	
12:50–14:30	HALL NO. 1 4th Section session Advances in the Research of MS Pathogenesis	HALL NO. 2 12:50–15:10 5th Section session Age-Specific Aspects of MS, ADEM and NMOSD	
14:30–14:40	Break		
14:40–16:50	HALL NO. 1 6th Section session Diagnostics and Clinical Presentation of MS	15:10–15:20 Break	
16:50–17:00	Break	HALL NO. 2 15:20–17:00 7th Section session Neuromyelitis Optica Spectrum Disorders (NMOSD) RUCTRIMS Executive Committee members move to Hall No. 1	
17:00–17:30	HALL NO. 1 RUCTRIMS Executive Committee meeting Awarding of winners of the poster session (young scientists)		
17:30	Congress end		

CONGRESS PROGRAMME

2 october

HALL NO. 3

2 OCTOBER

THURSDAY

HALL NO. 3

10:00–11:00	Hall No. 3 Biocad's round table (by invitation only) NMOSD AND MS: IS THERE A UNIVERSAL TREATMENT OPTION?
11:00–11:10	Break

2 october

HALL NO. 1

2 OCTOBER

THURSDAY

HALL NO. 1

11:10–12:10	HALL NO. 1 Satellite symposium supported by Biocad (<i>not accredited in the CME system</i>) JOINING FORCES IN THE FIGHT WITH MULTIPLE SCLEROSIS AND NMOSD <i>Moderators: Aleksei Boyko, Stella Sivertseva, Nikolai Spirin</i>	
	Aleksei Boyko (Moscow)	Introductory address (5 min)
	Stella Sivertseva (Tyumen)	IVLIZI® and TENEXIA®: Two Strategies – One Goal: Controlling MS (15 min)
	Taras Simaniv (Moscow)	TENEXIA®: Long-Term Efficacy and Safety Balance (15 min)
	Darya Eliseyeva (Moscow)	IVLIZI®: Broadening the Prospects of Therapy of Demyelinating Diseases. From MS to NMOSD (20 min)
	Discussion	(5 min)
12:10–13:00	Break	

13:00–14:30	HALL NO. 1 MS school <i>Chairs: Aleksei Boyko, Gennady Bisaga</i>	
	Aleksei Boyko (Moscow)	New McDonald Criteria for MS Diagnostics in 2024 (20 min)
	Gennady Bisaga (St. Petersburg)	New Criteria for MS Diagnostics: A Critical Approach (15 min)
	Mikhail Melnikov (Moscow)	Immunopathogenesis of MS and NMOSD (15 min)
	Darya Eliseyeva (Moscow)	Modern DMTs: What to Choose (20 min)
	Vasily Bryukhov (Moscow)	Advances in MRI Criteria for MS Diagnostics (20 min)
14:30–14:40	Break	
14:40–15:40	HALL NO. 1 Satellite symposium of Novartis (<i>not accredited in the CME system</i>) HIGH-EFFICACY THERAPIES FOR MS: COMPONENTS OF SUCCESS <i>Moderators: Aleksei Boyko, Stella Sivertseva, Olga Bykova</i>	
	Aleksei Boyko (Moscow)	Unassisted Subcutaneous Administration of HE-DMTs: A Perception Shift Toward “Complex” Monoclonal Antibody-Based Therapy (20 min)
	Stella Sivertseva (Tyumen)	Review of the Russian Experience in Administering Siponimod in Clinical Practice (20 min)
	Olga Bykova (Moscow)	Paediatric MS: Prospects and Prognosis (20 min)
15:40–15:50	Break	

15:50–17:30	HALL NO. 1 SCHOOL FOR OTHER DISEASES OF THE CNS <i>Chairs: Maria Zakharova, Olga Boyko</i>	
	Dmitry Kasatkin (Yaroslavl)	Difficulties in Diagnosing NMOSD (20 min)
	Taras Simaniv (Moscow)	Key Approaches to NMOSD Treatment (20 min)
	Maria Zakharova (Moscow)	ALS: Modern Aspects of Pathogenesis, Diagnostics and treatment (20 min)
	Mikhail Melnikov (Moscow)	Foundations of Immunopathogenesis of MG (15 min)
	Olga Boyko (Moscow)	Modern Approaches to the Treatment of MG (20 min)
	Discussion	(5 min)
17:30–17:40	Break	
17:40–18:40	HALL NO. 1 Satellite symposium supported by LLC Roche Diagnostics Rus (<i>not accredited in the CME system</i>) MODERN TECHNIQUES FOR DIAGNOSING MULTIPLE SCLEROSIS: CHALLENGES AND PROSPECTS <i>Moderator: Aleksei Boyko</i>	
	Aleksei Boyko (Moscow)	Welcome address (5 min)
	Darya Eliseyeva (Moscow)	Laboratory Diagnostics in MS: Traditions and Innovations (15 min)
	Maria Zakharova (Moscow)	Diagnostics and monitoring of multiple sclerosis. Opportunities for evaluating health status and predicting outcomes (15 min)
	Stella Sivertseva (Tyumen)	Controlling the disease: applications of neurofilaments in a neurologist's practice (15 min)
	Aleksei Boyko (Moscow)	Summary (10 min)

18:40–18:50	Break	
18:50–19:50	HALL NO. 1 Satellite symposium supported by Merck <i>(not accredited in the CME system)</i> ONE LESION IN THE CNS: IS IT A LOT? <i>Moderators: Aleksei Boyko, Stella Sivertseva</i>	
	Marina Abroskina (Krasnoyarsk)	Is one Lesion enough for PIRA? (20 min)
	Timur Khaybullin (Kazan)	Experiences with Cladribine Tablets in the Republic of Tatarstan: Early Onset – Minimal Number of Lesions! (20 min)
	Taras Simaniv (Moscow)	International Realities of Using Cladribine Tablets in Clinical Practice: More Experience – Less Lesions! (20 min)

2 october
HALL NO. 1

2 OCTOBER THURSDAY POSTER SESSION (2nd Floor Hall) 09:00–18:00	
Angelina Bondarenko (Krasnodar)	Susac’s Syndrome: A Clinical Case
Valeria Bynzar (St. Petersburg)	Protective Effect of Lactobacillus Rhamnosus K/AR-08 in a Multiple Sclerosis Model is Realized at the Intestinal Barrier Level
Ekaterina Vekhina (Yaroslavl)	A Comparative Analysis of Clinical Features, Cognitive Functions and Psychoemotional Disorders in Patients with Neuromyelitis Optica Spectrum Disorders in Russia and Kazakhstan
Leysan Gizzatulina (Ufa)	Onset of Multiple Sclerosis (2024) and Illness Perception
Danila Kapkanets (Moscow)	Change in the Volume of Choroid Plexus in Persons with Radiologically Isolated Syndrome
Ivan Kiselev (Moscow)	Treatment of Multiple Sclerosis with Glatiramer Acetate Causes Dynamic Change of DNA Methylation in Mononuclear Cells

2 october
HALL 2ND FLOOR

Oskar Lyutov (Ufa)	Genetic Predictors of the Development of Multiple Sclerosis in the Republic of Bashkortostan
Mafiza Madatova (Izhevsk)	Evaluation of Secondary Progression in Multiple Sclerosis Patients
Valeria Malko (St. Petersburg)	Predictive Model of Progression and Neurodegeneration in Multiple Sclerosis
Natalia Yarosh, O. Milovanova (Rostov-on-Don)	Clinico-Epidemiological Characterization of Myasthenia Gravis in Rostov Region (Results of a Prospective 10-year-long Study)
Ekaterina Novikova (Moscow oblast)	Administration of Satralizumab in NMOSD Patients. Experiences of Moscow Region
Olga Pereverzeva (Minsk)	Peculiarities of DMT Switching in Patients with Highly Active Multiple Sclerosis: Unresolved Questions
Galina Sadekova (Moscow)	Molecular Mechanisms of the Development of Acute Disseminated Encephalomyelitis
Iskander Safarov (Kazan)	Development of Myoadaptive Overload Syndrome in the Lower Extremities of Patients with MS
Anastasiya Sviridova (Moscow)	Role of D1 Dopamine Receptors in the Regulation of Interactions of Innate and Adaptive Immune Response in Multiple Sclerosis
Olga Ulyanova (Voronezh)	Levamisole-associated Inflammatory Leukoencephalopathy
Olga Ulyanova (Voronezh)	Notable Features of Anxiety-Depressive Disorders in Multiple Sclerosis Patients
Evgenia Tsymbalova (St. Petersburg)	Association of LINE-1 Methylation Level with Folate Metabolism Indicators in Multiple Sclerosis Patients

Ekaterina Chernyavskaya (St. Petersburg)	Amino Acid Metabolism in the Gut Microbiome of Multiple Sclerosis Patients is Altered
Igor Shumakov (Yaroslavl)	Evaluation of Arm Motor Ability in MS Patients Using a Computer-Based Kinetic System
Tatyana Shchukina (St. Petersburg)	Diagnostic Significance of the Atrophy of the Retina and Basal Ganglia as Neurodegeneration Markers in Multiple Sclerosis
Timur Yunusov (Ufa)	Pathology of Cancer in Multiple Sclerosis Patients
Batyr Yanturin (Ufa)	Neuromyelitis Optica (NMOSD) with Aquaporin-4 Antibodies in the Republic of Bashkortostan
Natalya Yarosh (Rostov-on-Don)	Late-onset Multiple Sclerosis in the Population of Rostov Region
Nikolai Spirin, E. Kiseleva (Yaroslavl)	OCT and OCT-Angiography in Differential Diagnosis of Demyelinating Diseases
Elena Markova, Z. Goncharova, L. Sizyakina, Yu. Pogrebnova (Rostov-on-Don)	Clinico-Immunological Aspects of Secondary Progression of Multiple Sclerosis

3 OCTOBER

FRIDAY
HALL NO. 1

09:00–11:20	HALL NO. 1 Official Congress opening First plenary session <i>Chairs: Aleksei Boyko, Nikolai Spirin, Maria Zakharova, Stella Sivertseva</i>	
	Welcome address	(20 min)
	Aleksei Boyko (Moscow)	Key Areas of MS and NMOSD Research in 2024–2025, Involvement of RUCTRIMS (20 min)
	Maria Zakharova (Moscow)	Progressive MS (20 min)
	Nikolai Spirin (Yaroslavl)	MS in Males and Females (20 min)
	Jin Nakahara (Japan) <i>Face-to-face presentation</i>	Diagnosis and Therapy of NMOSD (20 min)
	Vladimir Rogovsky (Moscow)	Chronic Aseptic Inflammation in the Brain: Mechanisms and Significance (15 min)
	Yan Vlasov (Samara)	Involvement of Patient Organizations in Managing the Health System in Russia as a Component of the National Consensus (20 min)
	Discussion	(5 min)
11:20–13:00	HALL NO. 1 Second plenary session <i>Chairs: Aleksei Boyko, Fu-Dong Shi</i>	
	Mohammad Sahraian (Iran) <i>Face-to-face presentation</i>	Environmental Risk Factors for Neuromyelitis Optica (20 min)
	Fu-Dong Shi (China) <i>Video presentation</i>	Treatment of Acute Attack of NMO (20 min)
	Riadh Gouider (Tunisia) <i>Face-to-face presentation</i>	Epidemiology of MS in Populations with Previously Low MS Prevalence (20 min)
	Ron Milo (Israel) <i>Face-to-face presentation</i>	Treatment Selection for MS: What Factors to Consider and How to Select the Appropriate MS Therapy for the Individual Patient (20 min)
	Arial Miller (Israel) <i>Video presentation</i>	Aging with MS: An Increasing Patient Population with Distinct Characteristics, Needs and Therapeutic Challenges (20 min)

13:00–14:00	Break	
14:00–16:40	HALL NO. 1 Third plenary session ADVANCES IN MS AND NMOSD THERAPY <i>Chairs: Aleksei Boyko, Nikolai Spirin, Natalya Suponeva, Stella Sivertseva</i>	
	Aleksei Boyko (Moscow)	Evolution in the Terminology and Treatment of Demyelinating Diseases (presentation supported by Biocad. Not accredited in the CME system) (20 min)
	Stella Sivertseva (Tyumen)	Improving the Prognosis of Multiple Sclerosis by Optimizing DMT-Based Treatment (presentation supported by Johnson&Johnson. Not accredited in the CME system) (20 min)
	Stella Sivertseva (Tyumen)	Complement System Inhibitors in NMOSDs: Significance of an Early Start of Therapy (presentation supported by Generium. Not accredited in the CME system) (20 min)
	Yan Vlasov (Samara)	Non-medical switching in MS therapy: results of a nationwide study and practical conclusions (presentation supported by Roche Moscow. Not accredited in the CME system) (20 min)
	Natalya Suponeva (Moscow)	Diagnostics and Treatment of CIDP (20 min)
	Taras Simaniv (Moscow)	A Wide Spectrum of Capabilities of Satralizumab in NMOSD Treatment (presentation supported by Roche Moscow. Not accredited in the CME system) (20 min)
	Ekaterina Novikova (Moscow)	A New Chapter in the History of Ocrelizumab: Treatment of MS and Planning of Pregnancy (presentation supported by Roche Moscow. Not accredited in the CME system) (20 min)
	Taras Simaniv (Moscow)	Anti-CD-19 Therapy in the Prevention of NMOSD Exacerbations (presentation supported by Amgen. Not accredited in the CME system) (20 min)
	Natalya Zhukovskaya (St. Petersburg)	Treatment of Motor Disorders in Patients with MS (presentation supported by Valenta. Not accredited in the CME system) (20 min)
16:40–16:50	Break	

16:50–18:50	HALL NO. 1 1st Section session EPIDEMIOLOGY AND CARE OF PATIENTS WITH MS AND OTHER AUTOIMMUNE DISEASES <i>Chairs: Valentina Alifirova, Klara Bakhtiyarova, Zoya Goncharova</i>	
	Zoya Goncharova (Rostov-on-Don)	Dynamics of Epidemiological Indicators of MS and NMOSD in Rostov-on-Don (15 min)
	Ivan Arkhipov, D. Korobko, N. Malkova (Novosibirsk)	Epidemiology of Multiple Sclerosis in Novosibirsk: 40 years of data (15 min)
	Marina Abroskina, A. Khomchenkova, I. Kazadayeva, D. Dadeko (Krasnoyarsk)	Clinico-Demographic Features of Multiple Sclerosis in Krasnoyarsk Region Based on 2024 Data (15 min)
	Maksharip Martazanov, M. Grigolashili (Kazakhstan, Kazakhstan Association of Multiple Sclerosis Researchers)	Epidemiology of MS and NMOSD in Kazakhstan (15 min)
	Olga Pereverzeva, E. Mikitchuk, A. Bunyak, T. Chernukha (Belarus)	Non-linear digital processing of standard MRI modes is a step to improve the visualization of the central vein symptom (15 min)
	Valentina Alifirova (Tomsk)	Organization of Specialized Care for Patients with MS and Other Autoimmune Diseases of the Nervous System in Tomsk Region (15 min)
	Tatyana Trushnikova (Perm)	Problem of MS overdiagnosis: examples from clinical practice (15 min)
20:00–23:00	Maria Urban, N. Komissarova, A. Pelin, A. Malkova (Izhevsk)	Clinico-Epidemiological Characterization of Patients with Diagnosed Multiple Sclerosis in the Udmurt Republic (15 min)
	Friendly dinner (by invitation only)	

3 OCTOBER		
FRIDAY HALL NO. 2		
16:50–19:05	HALL NO. 2 2nd Section session OTHER AUTOIMMUNE DISEASES OF THE NERVOUS SYSTEM <i>Chairs: Stella Sivertseva, Larisa Volkova, Dmitry Kasatkin</i>	
	Vasily Bryukhov (Moscow)	MRI in Differential Diagnosis of NMOSD (15 min)
	Inna Smagina (Barnaul)	Differential Diagnosis of Myasthenia Gravis (15 min)
	Mikhail Sherman (Kirov)	Treatment of Myasthenic Crises (15 min)
	Olga Boyko (Moscow)	Modern Pathogenetic Therapy of MG (15 min)
	Larisa Volkova (Ekaterinburg)	Central Pontine Myelinolysis (15 min)
	Dmitry Kasatkin (Yaroslavl)	Autoimmune Encephalitis (15 min)
	Shikhmirza Nabiyev (Moscow)	Modern Approaches to the Treatment of Autoimmune Encephalitis (15 min)
	Stella Sivertseva (Tyumen)	When it's not MS. An Algorithm for Eliminating Medical Mimics (15 min)
	Natalya Totolyan, Ya. Kushnir (St. Petersburg)	Chronic Inflammatory Demyelinating Polyneuropathies: Immunological Heterogeneity or Indeterminacy? (15 min)
20:00–23:00	Friendly dinner (by invitation only)	

4 OCTOBER

SATURDAY
HALL NO. 1

10:00–11:00	HALL NO. 1 Satellite symposium of AstraZeneca Pharmaceuticals <i>(not accredited in the CME system)</i> THE ROLE OF C5 COMPLEMENT-TARGETED THERAPY IN MODERN STRATEGIES FOR TREATING NEUROMYELITIS OPTICA SPECTRUM DISORDERS AND GENERALIZED MYASTHENIA GRAVIS Moderator: Aleksei Boyko	
	Taras Simaniv (Moscow)	Pathogenetic Therapy with a Long-Acting C5 Complement Inhibitor in NMOSD: Results and Prospects (15 min)
	Shikhmirza Nabiyeu (Moscow)	Practical Experiences with Managing NMOSD Patients Using Targeted Therapy with Ravulizumab (15 min)
	Dmitry Kasatkin (Yaroslavl)	Evolution of Therapeutic Approaches in Generalized Myasthenia Gravis: Administration of a Long-Acting C5 Complement Inhibitor as a New Paradigm (15 min)
	Svetlana Stepanova (Chelyabinsk)	Opening New Therapeutic Horizons: Experiences with Ravulizumab in Myasthenia Gravis (15 min)
11:00–11:10	Break	
11:10–12:10	HALL NO. 1 3rd Section session Chairs: Zoya Goncharova, Klara Bakhtiyarova, Inna Smagina	
	Zhanna Kapustenskaya, E. Zemlyanushina (Irkutsk)	Diagnostic Mazes: Demyelination or a Chronic Tick-Borne Infection? (10 min)
	Elena Turova (Ekaterinburg)	Experiences with Immune Reconstitution Therapies in Clinical Practice (10 min)
	Klara Bakhtiyarova (Ufa)	Multiple Sclerosis and NMOSD Across Ethnic Groups of the Republic of Bashkortostan (10 min)
	Natalya Babicheva (Kazan)	Clinical and atypical forms of multiple sclerosis onset and course, using the example of the Republic of Tatarstan (10 min)
	Gennady Sheyko (Nizhny Novgorod)	Diagnostic Efficacy of Criteria of Neuromyelitis Optica Spectrum Disorders in the Russian Clinical Practice (10 min)
	Discussion	(10 min)

12:10–12:50	Break	
12:50–14:30	HALL NO. 1 4th Section session ADVANCES IN THE RESEARCH OF MS PATHOGENESIS <i>Chairs: Aleksei Boyko, Marco Cosentino, Mikhail Melnikov</i>	
	Mikhail Melnikov (Moscow)	Psychoneuroimmunology in Multiple Sclerosis (15 min)
	Marco Cosentino (Italy) Face-to-face presentation	Adrenergic and Dopaminergic Modulation of Immunity in MS: Experimental Evidence and Therapeutic Opportunities (20 min)
	Eleni Stamoula (Greece) Video presentation	Serotoninergeric and Dopaminergic Therapeutics as Additional Treatment in Multiple Sclerosis (20 min)
	Anna Lopatina, N. Murugina, V. Murugin, M. Pashenkov, Mikhail Melnikov (Moscow)	Role of the 5-HT _{2B} Serotonin Receptors in the Modulating Effect of Fluoxetine on the Pathogenesis of MS (15 min)
	Maxim Kozin, M. Omarova, Aleksei Boyko, O. Favorova, O. Kulakova (Moscow)	Transition of a Radiologically Isolated Syndrome (RIS) to MS is Characterized by Changing Gene Expression in Mononuclear Cells (15 min)
	Olga Kulakova (Moscow)	A Comparison of MS Severity Evaluated Using the MSSS and ARMSS Scores (15 min)
14:30–14:40	Break	

14:40–16:50	HALL NO. 1 6th Section session DIAGNOSTICS AND CLINICAL PRESENTATION OF MS <i>Chairs: Nikolai Spirin, Maria Zakharova, Stella Sivertseva</i>	
	Valeria Malko, Gennady Bisaga (St. Petersburg)	Parameters of Instrumental and Laboratory Markers in Patients with RIS (15 min)
	Zoya Goncharova, T. Sycheva, Y. Trinitatsky (Rostov-on-Don)	Oncological Comorbidities in MS Patients: Data from Rostov Region (15 min)
	Stella Sivertseva (Tyumen)	Cancer Risks in the Setting of DMT (15 min)
	Valeria Lizhdvoy, S. Kotov (Moscow Region)	Malignant Neoplasms in MS Patients: Choosing a Treatment Strategy (15 min)
	Anna Belkina (Moscow)	Delayed Diagnosis of Multiple Sclerosis: Prevalence, Causes and Prognostic Significance (15 min)
	Andrei Suvorov (Moscow)	Current issues in the rehabilitation of patients with MS (15 min)
	Yulia Korzhova (Moscow)	Peculiarities of Gut Microbiome in Multiple Sclerosis Patients (15 min)
	Ekaterina Chekanova (Moscow)	Autoimmune Encephalitis: Analysis of Diagnostic Errors, Development of a Differential Diagnosis Algorithm (15 min)
	Natalya Baranova, M. Gris, Nikolai Spirin, A. Baranov (Yaroslavl)	Cytokine Status in MS Patients with a Persistent Herpes Virus Infection (15 min)
	Discussion	(5 min)
16:50–17:00	Break	
17:00–17:30	HALL NO. 1 RUCTRIMS EXECUTIVE COMMITTEE MEETING Awarding of winners of the poster session (young scientists)	
17:30	Congress end	

4 OCTOBER		
SATURDAY		
HALL NO. 2		
12:50–15:10	HALL NO. 2	
	5th Section session	
	AGE-SPECIFIC ASPECTS OF MS, ADEM AND NMOSD	
	<i>Chairs:</i> Tatyana Shmidt, Olga Bykova, N. Lashch	
	Tatyana Shmidt (Moscow)	MS in Paediatric and Geriatric Patients (15 min)
	Olga Bykova (Moscow)	NMOSD and their Medical Mimics in Children and Adolescents (20 min)
	Silvia Tenenbaum (Argentina) Video presentation	Diagnostic Criteria of MOGAD. Validation in Adult and Pediatric Cohorts (20 min)
	Fatima Repp (Moscow)	Catastrophic MOG-Associated ADEMs in Paediatric Patients (15 min)
	Maria Mosina (Moscow)	Long Rebound Effect after Changing DMTs in Children (15 min)
	Natalya Lashch (Moscow)	Comorbidity and Treatment Strategies in Elderly Patients with MS (15 min)
15:10–15:20	Nailya Akhmetgaleyeva (Ufa)	Epidemiological Characterization of Paediatric-Onset MS in Bashkortostan (15 min)
	Valeria Lizhdvoy, S. Kotov (Moscow Region)	Peculiarities of the Course of Relapsing-Remitting MS in a Group of Patients above 65 Years of Age (15 min)
	Discussion	(10 min)
	Break	

4 october
HALL NO. 2

15:20–17:00	HALL NO. 2 7th Section session NEUROMYELITIS OPTICA SPECTRUM DISORDERS (NMOSD) <i>Chairs: Nikolai Spirin, Taras Simaniv, Darya Eliseyeva</i>	
	Taras Simaniv (Moscow)	Neuromyelitis Optica Spectrum Disorders: 20 Years of Identifying Anti-Aquaporin-4 Antibodies (20 min)
	Darya Eliseyeva (Moscow)	MOG Antibody Diseases (MOGAD): Problem Status in the Russian Federation (20 min)
	Ludmila Okoneshnikova (Yakutsk)	NMOSD in the Yakutian Population (15 min)
	Nikolai Spirin, D. Kiselev, M. Karpova, E. Vekhina (Yaroslavl)	Pain in Patients with MS and NMOSD (15 min)
	Evgeny Granatov (Kazan)	Neurophysiological Monitoring of MS and NMOSD Treatment Efficacy (15 min)
17:00	RUCTRIMS Executive Committee members move to Hall No. 1	

4 october
HALL NO. 3

4 OCTOBER SATURDAY HALL NO. 3		
12:10–12:50	HALL NO. 3 ART THERAPY WORKSHOP	
	Maria Guseva (Moscow)	